
















"Helping you to grow"

SHARP Life & Learning Skills Unit 3G Timetable from March 2022



Venue Unit 3G	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Llanthony Busin. Park Llanthony Road Gloucester GL2 5QT</p> <p>A cooked lunch is available Tuesdays and Fridays at a cost of £5 which includes a main meal and dessert.</p> <p>We offer full day provision with lunch cover.</p> <p>Outreach sessions can be delivered to you in your own home!</p> <p>Tel: 01452 698480 / 07981 857870</p> <p>E-mail: julie.sharp.learningskills@gmail.com</p> <p>Website: http://www.sharplifelearning.com</p> <p>Facebook www.facebook.com/sharplifeandlearningskills</p>	<p>LIFE SKILLS ACTIVITIES GROUP 9.30am – 3.30pm (+ activity fee) Weekly activities and trips are planned each month in advance.</p>    <p>LEARNING & LEISURE Mon – Fri 9.30am – 3.30pm Not everyone wants to participate in the timetabled activities. Therefore, every day we offer individual and group projects according to ability and personal preference where possible so that everyone can learn what they want to, at their own pace.</p>	<p>LIFE SKILLS COOKERY 9.30am – 1.30pm (+ £5 lunch fee) Money skills, meal planning, shopping, meal preparation, healthy eating, using community facilities, social skills</p> <p>ART & CREATIVITY 9.30 – 3.30 Pottery / jewellery making / photography / printing / card making / felting / paper craft / candle making / leather craft / willow weaving / and more!</p> <p>I.T. SKILLS 1pm – 3.30pm Using pcs, laptops, tablets for own leisure, learning or activities & games, develop computer skills</p>  <p>COMMUNICATION & PERSONAL DEVELOPMENT 1.30pm – 3.30pm Communication skills – signing, total communication, symbols. Practice social skills within small groups, turn taking, wii fit, learning games & puzzles</p> 	<p>LIFE SKILLS ACTIVITIES GROUP 9.30am – 12.30pm (+ activity fee) Out and about in the community, various activities planned weekly</p> <p>DRAMA 9.30am – 12.30pm Build confidence and social skills whilst working towards group plays and performances</p>  <p>SINGALONG, PLAY ALONG 1.30pm – 3.30pm Group participation in singing, playing a musical instrument, music & movement, karaoke</p>  <p>LEARNING & LEISURE Mon – Fri 9.30am – 3.30pm Sessions created for your individual needs – individual projects to work on at your own pace.</p>	<p>ART & CREATIVITY 9.30am – 12.30  Pottery / jewellery making / photography / printing / card making / felting / paper craft / candle making / leather craft / willow weaving / and more!</p> <p>BAKING 1 - 3.30pm  Do you enjoy making cakes, scones, bread, sweets, etc? Yes? Then join our baking session!</p> <p>COMPUTERS FOR FUN 1pm – 3.30pm Using pcs, laptops, tablets for own leisure, learning or activities & games, develop computer skills</p> 	<p>LIFE SKILLS COOKERY 9.30am – 1.30pm (+ £5 lunch fee)  Money skills, meal planning, shopping, meal preparation, healthy eating, using community facilities, social skills</p> <p>SPORT & GAMES 1pm – 2.15 Indoor or Outdoor – parachute, ball games, table tennis, indoor hockey, darts, games </p> <p>MUSIC & MOVEMENT 2.15 – 3.30  Join in with action songs, exercise and have fun!</p>

STARTING SOON!

GARDENING

PERSONAL AWARENESS