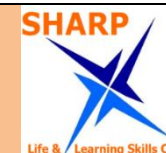






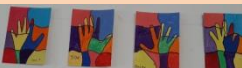













"Helping you to grow"

SHARP Life & Learning Skills Unit 3G Timetable from October 2021



Venue	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Unit 3G Llanthony Busin. Park Llanthony Road Gloucester GL2 5QT</p> <p>A cooked lunch is available Tuesdays and Fridays at a cost of £4 which includes a main meal and dessert.</p> <p>We offer full day provision with lunch cover.</p> <p> Tel: 01452 698480 / 07981 857870</p> <p> E-mail: julie.sharp.learningskills@gmail.com</p> <p> Website: http://www.sharplifelearning.com</p> <p> Facebook www.facebook.com/sharplifeandlearningskills</p>	<p>LIFE SKILLS ACTIVITIES GROUP 9.30am – 3.30pm (+ activity fee) Weekly activities and trips are planned each month in advance.</p>  	<p>LIFE SKILLS COOKERY 9.30am – 1.30pm (+ £4 lunch fee) Money skills, meal planning, shopping, meal preparation, healthy eating, using community facilities, social skills</p> <p>ART & CREATIVITY 9.30 – 3.30 Pottery / jewellery making / photography / printing / card making / felting / paper craft / candle making / leather craft / willow weaving / and more!</p>  <p>I.T. SKILLS 1pm – 3.30pm Using pcs, laptops, tablets for own leisure, learning or activities & games, develop computer skills</p> 	<p>LIFE SKILLS ACTIVITIES GROUP 9.30am – 12.30pm Out and about in the community, various activities planned weekly</p> <p>POTTERY / CRAFT 1pm – 3.30pm Practice creative skills through pottery or craft projects.</p> 	<p>ART & CREATIVITY 9.30am – 3.30pm Pottery / jewellery making / photography / printing / card making / felting / paper craft / candle making / leather craft / willow weaving / and more!</p> <p>DRAMA 9.30am – 12.30pm Build confidence and social skills whilst working towards group plays and performances</p>  <p>GARDENING 9.30am – 3.30pm Help to create a small space to encourage insects and birds and a barbeque and seating area for all</p> 	<p>LIFE SKILLS COOKERY 9.30am – 3.30pm (+ £4 lunch fee) Money skills, meal planning, shopping, meal preparation, healthy eating, using community facilities, social skills</p>  
	<p>LEARNING & LEISURE Mon – Fri 9.30am – 3.30pm Not everyone wants to participate in the timetabled activities. Therefore, every day we offer individual and group projects according to ability and personal preference where possible so that everyone can learn what they want to, at their own pace.</p>	<p>COMMUNICATION & PERSONAL DEVELOPMENT 1pm – 3.30pm Communication skills – signing, total communication, symbols. Practice social skills within small groups, turn taking, wii fit, learning games & puzzles</p> 	<p>SINGALONG, PLAY ALONG 1.30pm – 3.30pm Group participation in singing, playing a musical instrument, music & movement, karaoke</p> 	<p>COMPUTERS FOR FUN 1pm – 3.30pm Using pcs, laptops, tablets for own leisure, learning or activities & games, develop computer skills</p> 	<p>SPORT & GAMES 1pm – 2.15 Indoor or Outdoor – parachute, ball games, table tennis, indoor hockey, darts, games</p> <p>MUSIC & MOVEMENT 2.15 – 3.30 Join in with action songs, exercise and have fun!</p> 